

C3: Reflection on a Mass

Complete three reflections between
April-November

The goal of a Mass Reflection is to help engage our Confirmandi with what is going on during Mass, helping make faith connections to your daily life. After reflecting on your Mass Experience, please answer these questions (write at least one complete sentence for each)

This sheet may be turned in to your Confirmation Coordinator once completed.

Your Name _____

Date of Mass: _____

Catholic Church: _____ Time of Mass: _____

Before or as Mass begins, pray:
"Lord, please open my eyes to see you, open my ears to hear you, and open my Heart to receive you today at Mass. Amen"

Which season is our Church celebrating?
Ordinary Time Advent Christmas
Lent Easter

What "signs of the season" do you notice (church decorations, songs, readings, etc.)

Name one part of this Mass you really liked, or that "stuck" with you. Or explain how one part of this Mass was personally meaningful to you.
(Hint: a song, a reading, part of the homily, etc.)

I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.



Romans 12:1

"When we bring up the gifts and the priest offers the bread and wine to God, we can offer ourselves, our lives, our struggles, and our joys to God.
What gift or challenge did you offer to God today?

Prayer:

"God, we praise you because
you are.

We thank you for

We are sorry for..

I need your help with..

Please bless..

**I offer you my day and my
GIFTS TO SERVE OTHERS. AMEN."**

What did you hear in one of the **readings** or the **homily** that surprised you, challenged you, confused you, or made you think? .

What was the **Gospel** about today? What is **God** telling us through this story?
How does that apply to your life?

Was there one part of the Mass that you didn't understand? Were you unsure of why we do something, or the meaning of a certain gesture or movement?

Parent Signature: _____