

**MEET at Our Lady of Mount Carmel 10828 Brandon Rd in Emmett  
on THURS JAN 20 @ 6:00am (bus departs at 6:30am)**

**Sanilac County Right to Life  
Bus Trip to Washington, DC  
WHAT TO PACK FOR THE TRIP  
January 20-22, 2022**

- BACKPACK or DRAWSTRING SACK** to be used during day
- PHONE:** Cell phone & charger. You will be able to charge at hotel.
- WATER:** A refillable water bottle and food (see below) that can be carried in your backpack.
- FOOD:**
  - No Meals provided by RTL trip organizers (no common room to eat)
  - St. Christopher will provide for our group:
    - Case of water
    - Box of granola bars
    - Box of protein packs (nuts & fruit)
  - THURS JAN 20: Bus will stop twice at food courts (bring money or food). Dinner can either be final food stop or ordering food at hotel.
  - FRI JAN 21: Bring breakfast food (no continental breakfast at hotel). Bag lunch needed (keep in backpack), dinner can be eaten out (with vax card) or takeout/delivered to hotel.
  - SAT JAN 22: Bring breakfast food (no continental breakfast), lunch & dinner at food courts during bus ride home.
  - Each hotel room has small refrigerator & microwave.
- MEDICATIONS:** Fill out "Release for Dispensing Medication" form for any non-emergency medication. Medication will be held by adult chaperone and dispensed as prescribed/needed. Emergency medication (epi-pen or inhaler) may be carried on the student.
- CLOTHING for backpack (on bus & day pack):** We will be outdoors a lot! Be sure to check the weather forecast in DC a day or so before the trip so you can be well prepared. Warm coat, socks, mittens/ gloves, warm/comfortable boots, hand and feet warmers. Remember to dress in layers!
- CLOTHING for duffle bag (stowed under bus until arrival at hotel Thursday evening - overnight items only):** Modest sleeping attire (long sleeve/tshirt, long pant sweats. Clothing for Friday (outdoors - including thermal underwear, hand-warmers, warm socks, mittens, gloves) & clothing for Saturday bus ride home.
- MONEY:** We will stop several times at food courts. Bring at least \$60.00 cash to cover food/beverages while on the trip (all meals in the DC area will be more costly than here in Michigan). Bring extra if you plan on getting any souvenirs.
- FREE TIME:** A ROSARY, small Bible, another good book to read, a journal, playing cards, and/or other games that are small and can be stored in your bag on the bus.
- DO NOT BRING: expensive/breakable items** (like portable DVD players, headphones, I-Pads, etc.). Movies will be shown on the bus. Ear buds are fine.

**Chaperones for trip:**

**Chris DeVeny 810-423-6016**

**Erin Bockhausen 810-531-1009**

**Jeff Hong 810-434-5045**