

Subiaco Retreat House
March 15-17, 2019
Oxford, MI

Meet at St. Chris Friday at 6:30pm (eat dinner beforehand please)
Return approx 2:00pm on Sunday

What to bring:

- ❑ Snack or beverage to share
- ❑ Pillow with sleeping bag OR twin sheet and blanket (we sleep on bunk beds)
- ❑ Towel, toothbrush, toiletries (each room has a shower)
- ❑ Casual clothes – jeans/t-shirts/hoodies (no tank tops, leggings, tight/revealing clothes)
- ❑ Dress for the weather - jacket, hiking/walking shoes, hat/gloves
- ❑ An open mind and heart

Optional:

- ❑ Bible, journal & rosary
- ❑ Board games & cards (for free time)
- ❑ Slippers
- ❑ Musical instrument - guitar, ukulele, banjo, etc
- ❑ Spending money for the Subiaco gift shop

What not to bring on a retreat:

- ✂ Homework
- ✂ Drugs, alcohol, tobacco
- ✂ Pettiness, drama, prejudices
- ✂ Electronics (see note below)

Any electronics such as cell phones, handheld games, ipods , etc tend to separate and isolate people. The purpose of this retreat is to bring people *together*. Please leave them home or in your bag, turned off. Think of the weekend as “unplugged.”

If you have questions before the retreat, please contact Suzy email 1000michiganave@gmail.com

Chaperones for this retreat are:
Linda Ziolkowski 810-334-8247
Jerry Bockhausen 810-531-9749